

# LET'S CYCLE TO

RIDE ON  
SUNDAY  
SEPTEMBER  
26<sup>TH</sup>

# CELEBRATE 100 YEARS OF COMMUNITY CARE!



Join us on Sunday, September 26th to Cycle 4 St. Joe's! Together, we'll honour St. Joe's 100th anniversary by raising funds to help build a new Emergency Department, as well as better spaces for our healthcare teams and support staff.

This year's Cycle 4 St. Joe's includes our traditional ride that starts at the Veledrome in Milton, as well as an in-person cycling experience in West Toronto. If you are not ready to join us in person, there will be indoor ride options on Zwift and Peloton.

Join as an individual or team up with your colleagues, friends or family and help St. Joe's keep the Promise to meet the healthcare needs of west-end Toronto for another 100 years.

**Sunday, September 26**  
**Incentives/Prizes/Event Day Fun**  
Register now at [cycle4stjoes.ca](https://cycle4stjoes.ca)

Let's show our collective strength and raise needed funds to care for this community now and in the future.

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Promise  
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**JOSEPH'S**  
HEALTH CENTRE FOUNDATION